

BILL MARSH

#### The New York Times

#### The Overflowing American Dinner Plate

August 3, 2008

N 1970, the average American ate about 16.4 pounds of food a week, or 2.3 pounds daily. By 2006, the average intake grew by an additional 1.8 pounds a week.

Among other things, that's an extra half pound of fat weekly — mostly from oils and shortening. That doesn't count the fat in the extra quarter pound of meat Americans now eat every seven days. Those fats were somewhat offset by a steep drop in dairy consumption, the only major food group to have a decline, primarily in milk drinking. (But we do love our cheese. More and more of it.)

This portrait of the raw ingredients of the

American diet is based on what the Agriculture Department calls "food availability" the amount of food produced for the average American consumer. The data are adjusted for food losses (waste on farms; in processing and transportation; and in stores, restaurants and homes) to provide a close approximation of what individuals eat. (The most recent year for which data are available is 2006.) The numbers don't reveal how much grain went into bread versus cookies, or how many chicken breasts became chicken nuggets. But the overall increase in eating does suggest a link with the rise in Americans' weight over the same period. According to the Centers for Disease Control, 15 percent of adults age 20 to 74 were obese by 1980. By 2007, that had more than doubled.



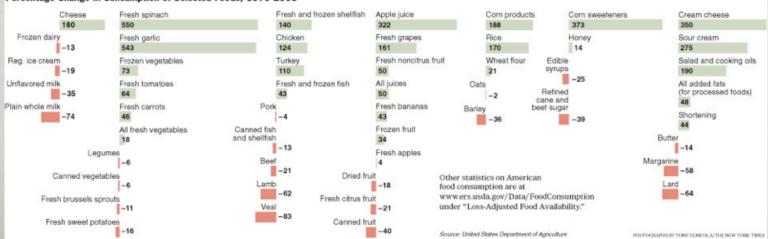
Whole milk consumption plunged, with lower-fat milks replacing only some of that; soft drinks and bottled water are now preferred beverages. Americans are eating mor vegetables, but still not enough to meet federal recommendations. Red meat is down; poultr is way up. Fish, growing fastest, is less than 10 percent of the category.

Nearly half of fruit consumption is in the form of juice, with some of that used as a food sweetener.

Almost 90 percent are refined grains; governnt ment guidelines call for r. far more whole grains.

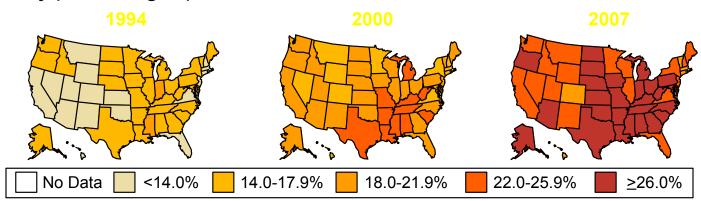
This is what goes into processed foods (not sugars occuring naturally in fruit and milk). The fastest-growing of these food categories, it includes both oils and some animal fats.

#### Percentage Change in Consumption of Selected Foods, 1970-2006

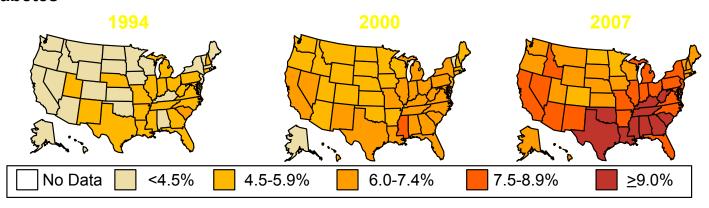


# Age-adjusted Percentage of U.S. Adults Who Were Obese or Who Had Diagnosed Diabetes

#### Obesity (BMI ≥30 kg/m²)



#### **Diabetes**



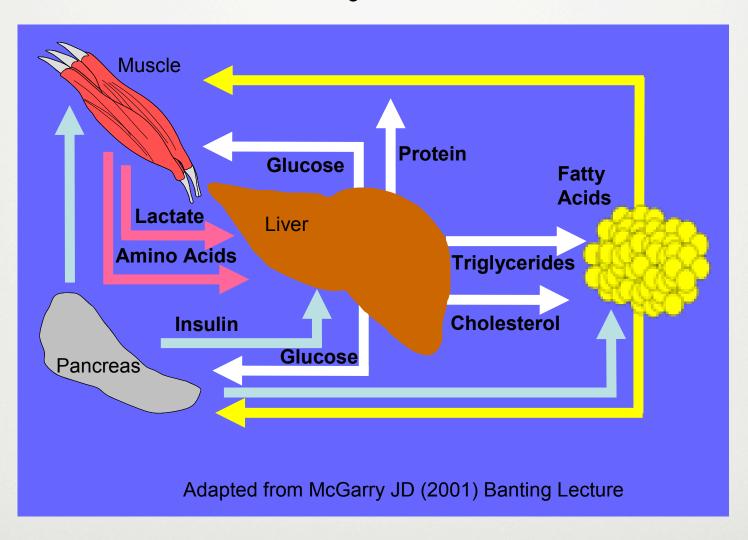




# Obesity increases risk of:

- Coronary heart disease
- Type 2 diabetes
- Cancers (endometrial, breast, and colon)
- Hypertension (high blood pressure)
- Dyslipidemia (for example, high total cholesterol or high levels of triglycerides)
- Stroke
- Liver and Gallbladder disease
- Sleep apnea and respiratory problems
- Osteoarthritis (a degeneration of cartilage and its underlying bone within a joint)
- Gynecological problems (abnormal menses, infertility)

# Whole Body Metabolism



### The Pancreas

Splenic artery

Neck

Head

Uncinate

process

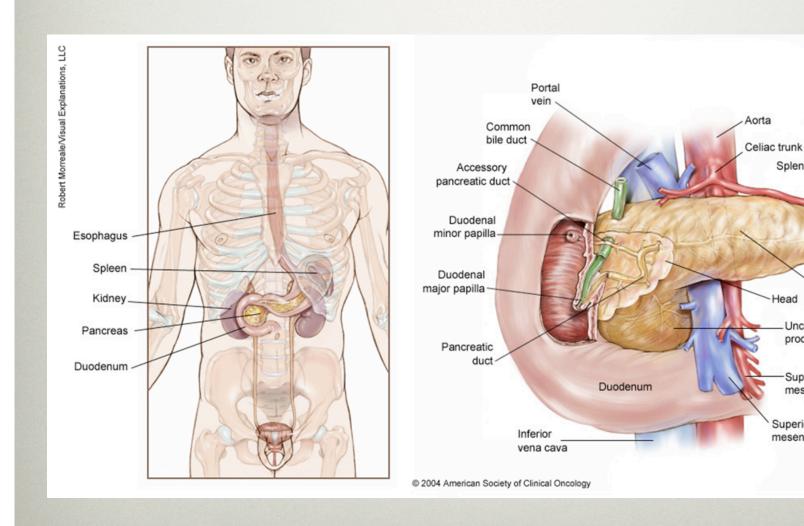
Superior

mesenteric vein

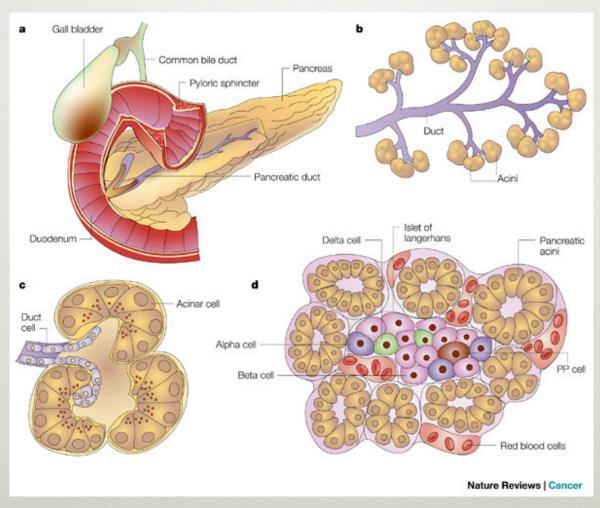
Superior

mesenteric artery

Tail

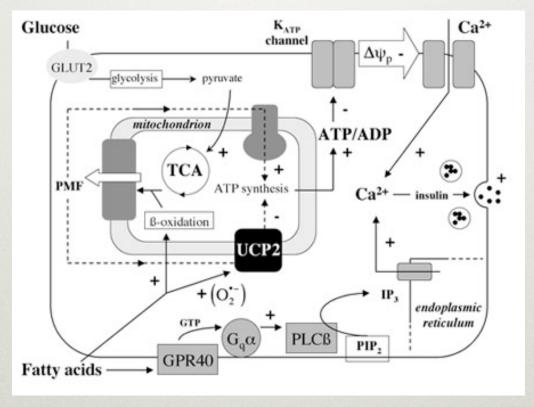


# Islets of Langerhans



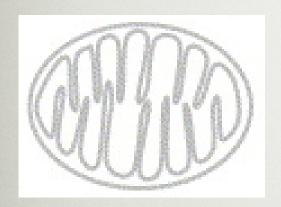
Bardeesy, N and RA DePinho. Nature Reviews Cancer, 2:897-990, 2002.

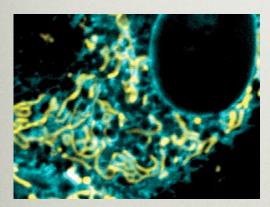
# The Pancreatic $\beta$ -cell



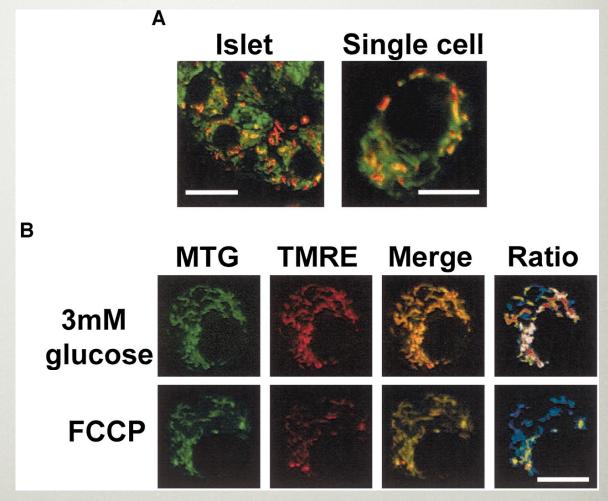
Brand, MD et al. Free Radic. Biol. Med., 37:755-767, 2004.

## Mitochondria





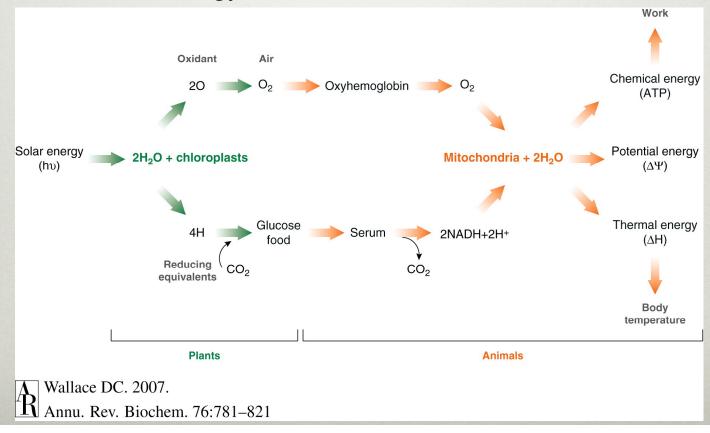
Piston, D, Vanderbilt University.



Wikstrom et al., Diabetes, 56:2569-2578, 2007.

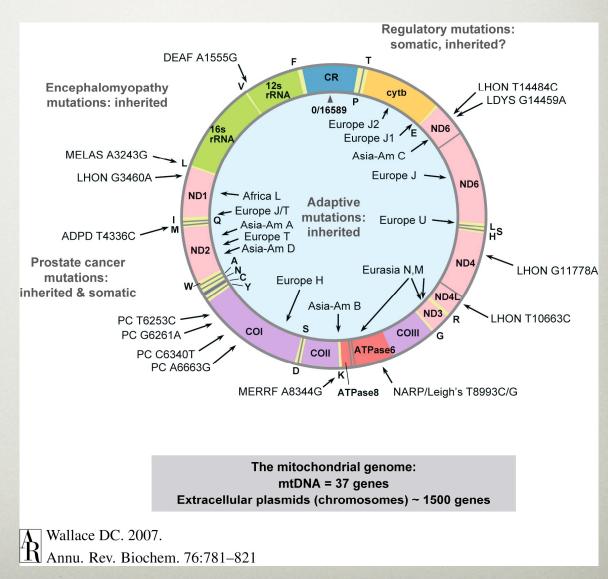
# History of Mitochondria

- Eukaryotic ancestors engulfed or were infected by ancient bacteria ~ 2 billion years ago in symbiosis.
- Structure, energy, and information.



### Mitochondrial DNA

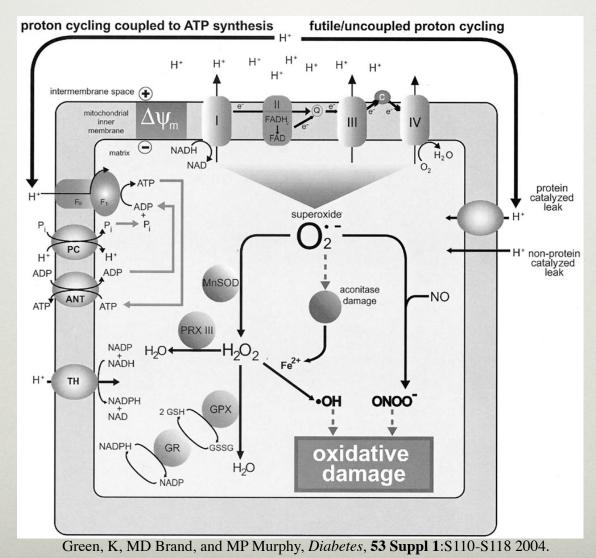
- 37 genes =
  13 subunits
  of OXPHOS
  + 22 tRNA +
  2 rRNA.
- ~ 2–10
   mtDNA
   copies per
   mitochondria
   and 100's of
   mitochondria
   per cell.



## mtDNA mutations

- Mutations → aging, mitochondrial dysfunction, diseases, cell death, etc.
- Mutation rate is 1–2 orders of magnitude higher than nuclear mutation rate.
- No recombination, so this high mutation rate is important in keeping mitochondria diverse, i.e., it is the adaptive engine.

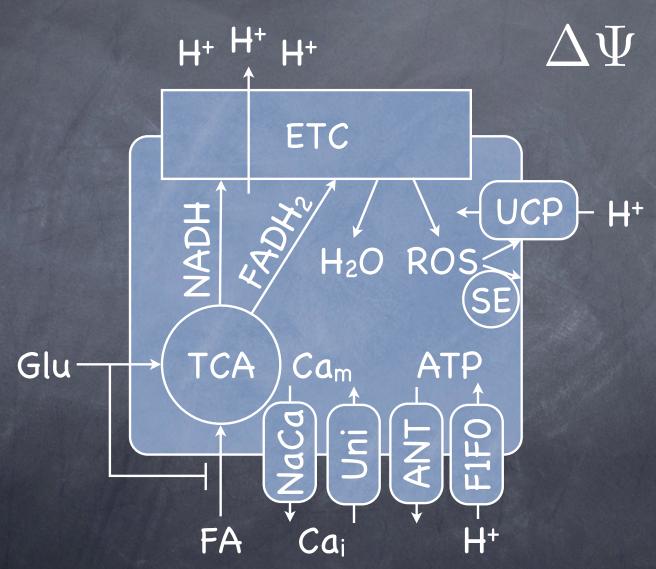
# Reactive Oxygen Species (ROS)



### The Model

- Develop a mathematical model of respiration, ATP synthesis, and ROS production in response to glucose and fatty acid stimulation.
- R Bohnensack, J Bioenerg Biomembr, 14:45-61, 1982.
- D Pietrobon and SR Caplan, Biochem, **24**:5764-5778, 1985.
- G Magnus and J Keizer, Am J Physiol, 273:C717-C733, 1997, 274:C1158-C1173 and C1174-1184, 1998.
  - S Cortassa et al., Biophys J, **84**:2734-2755, 2003.
  - R Bertram et al., J Theor Biol, **243**:575-586, 2006.
- S Salinari et al., Am J Physiol Endocrinol Metab, **293**:E396-E409, 2007.

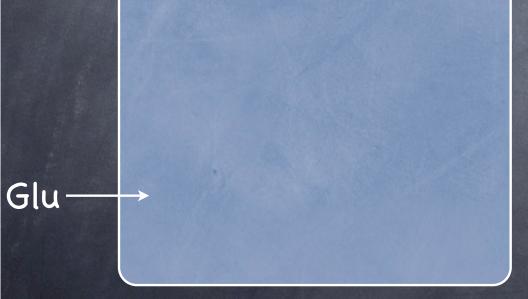
### The Model

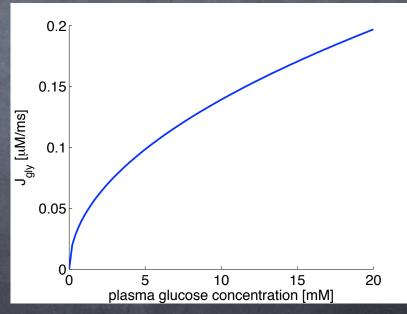


## The Mitochondria

# Glucose Input

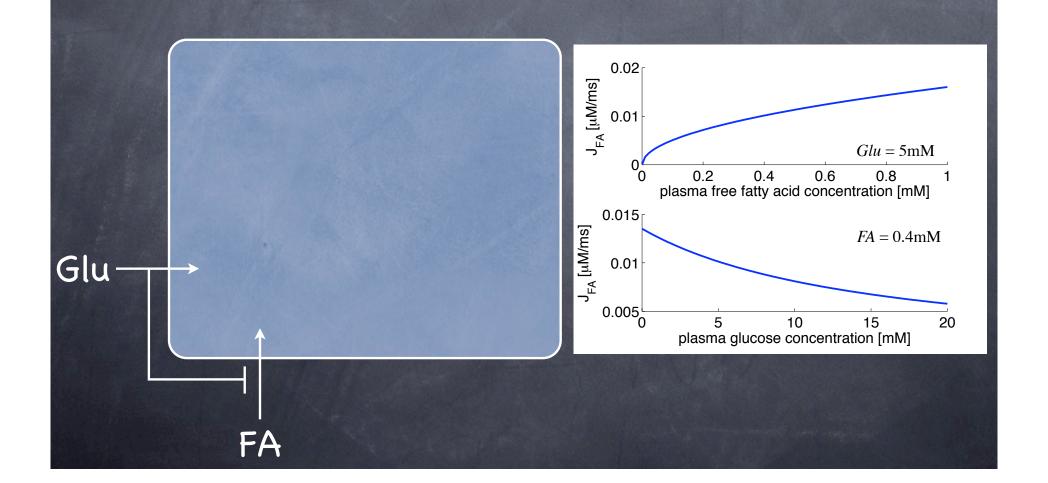
$$J_{gly} = p_1 \sqrt{\frac{Glu}{1\text{mM}}}$$





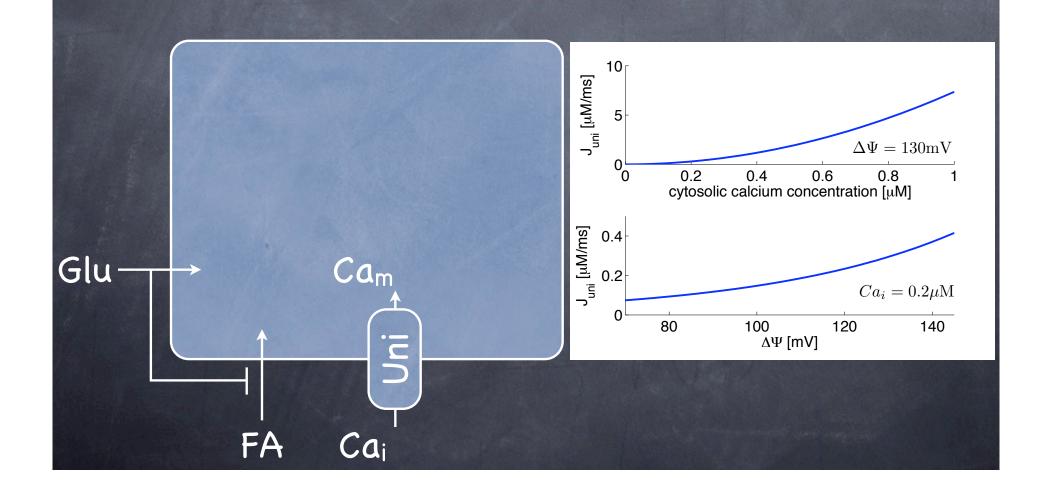
## Fatty Acid (Palmitate) Input

$$J_{FA} = \frac{p_2}{Glu + p_3} \sqrt{\frac{FA}{1\text{mM}}}$$



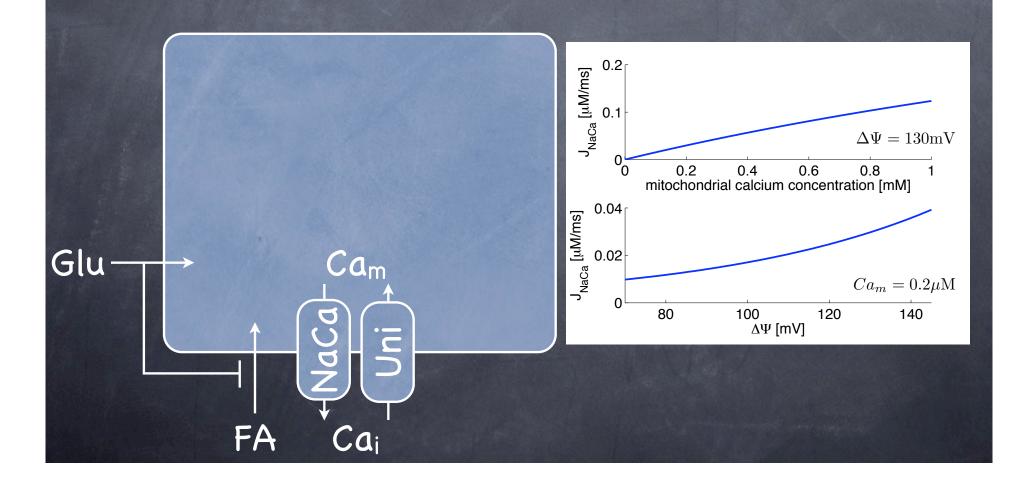
## Calcium Uniporter

$$J_{uni} = p_4 e^{p_5 \Delta \Psi} \frac{C a_i^2}{1\mu M^2}$$



# Sodium/Calcium Exchanger

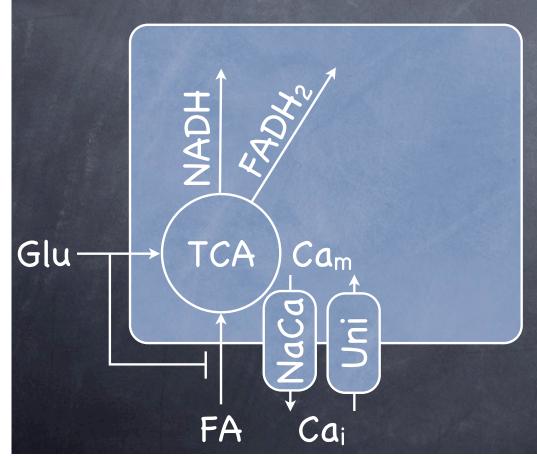
$$J_{NaCa} = \frac{p_6 C a_m}{p_7 + C a_m} e^{p_8 \Delta \Psi}$$

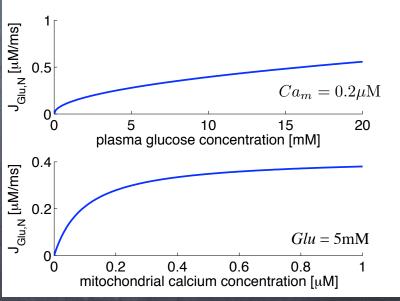


#### NADH and FADH<sub>2</sub> Production from Glucose

$$J_{Glu,N} = p_9 J_{gly} \left( \frac{Ca_m}{p_{10} + Ca_m} \right)$$
$$J_{Glu,F} = p_{11} J_{gly} \left( \frac{Ca_m}{p_{10} + Ca_m} \right)$$

$$J_{Glu,F} = p_{11}J_{gly}\left(\frac{Ca_m}{p_{10} + Ca_m}\right)$$



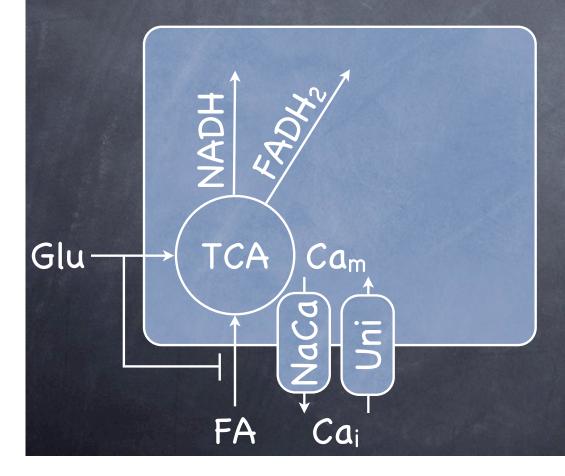


## NADH and FADH<sub>2</sub> Production from Fatty Acids

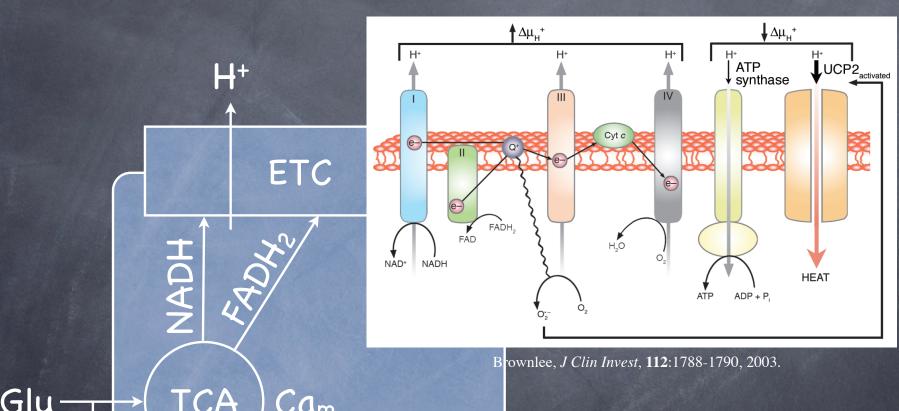
$$J_{FA,N} = p_{12}J_{FA}\left(\frac{Ca_m}{p_{10} + Ca_m}\right).$$

$$J_{FA,F} = p_{13}J_{FA}\left(\frac{Ca_m}{p_{10} + Ca_m}\right).$$

$$J_{FA,F} = p_{13}J_{FA}\left(\frac{Ca_m}{p_{10} + Ca_m}\right).$$



## Electron Transport Chain (ETC)

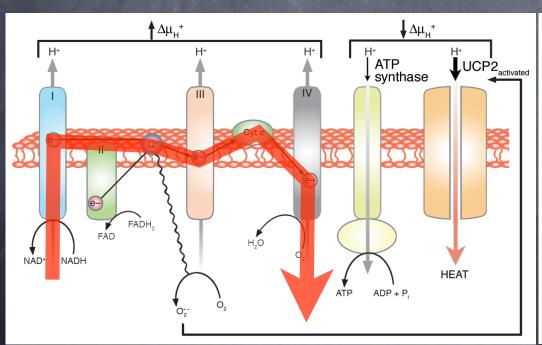


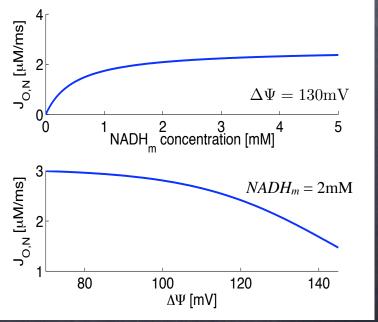
Glu TCA Cam

FA Cai

#### NADH Oxidation

$$J_{O,N} = \frac{p_{14}NADH_m}{p_{15} + NADH_m} \left( \frac{1}{1 + e^{(\Delta\Psi - p_{16})/p_{17}}} \right)$$
$$J_{Hres,N} = \frac{p_{18}NADH_m}{p_{15} + NADH_m} \left( \frac{1}{1 + e^{(\Delta\Psi - p_{16})/p_{17}}} \right)$$

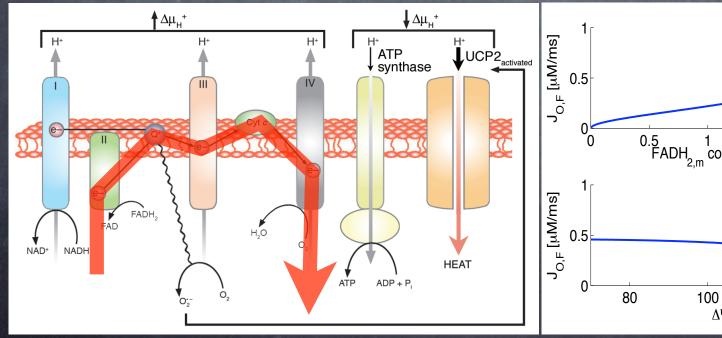


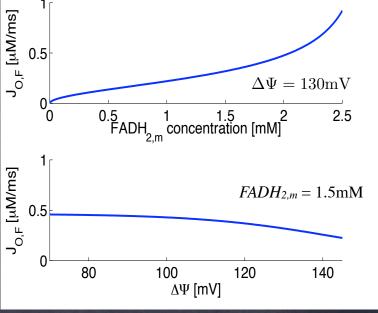


#### FADH<sub>2</sub> Oxidation

$$J_{O,F} = p_{19} \sqrt{\frac{FADH_{2,m}}{FAD_m}} \left( \frac{1}{1 + e^{(\Delta \Psi - p_{20})/p_{21}}} \right)$$

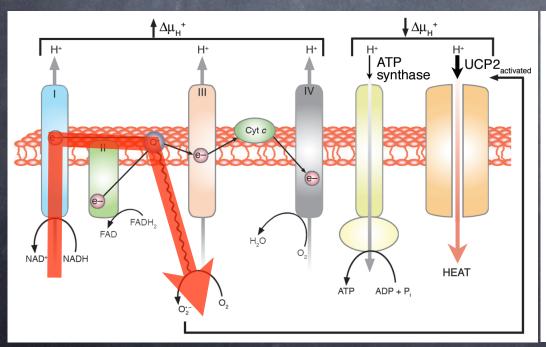
$$J_{Hres,F} = p_{22} \sqrt{\frac{FADH_{2,m}}{FAD_m}} \left( \frac{1}{1 + e^{(\Delta \Psi - p_{20})/p_{21}}} \right).$$

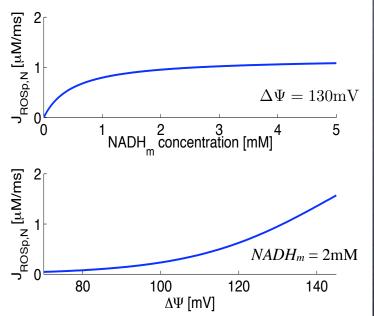




#### ROS Production from NADH Oxidation

$$J_{ROSp,N} = \frac{p_{14}NADH_m}{p_{15} + NADH_m} \left( 1 - \frac{1}{1 + e^{(\Delta\Psi - p_{16})/p_{17}}} \right)$$
$$J_{Hros,N} = p_{23} \frac{p_{18}NADH_m}{p_{15} + NADH_m} \left( 1 - \frac{1}{1 + e^{(\Delta\Psi - p_{16})/p_{17}}} \right)$$

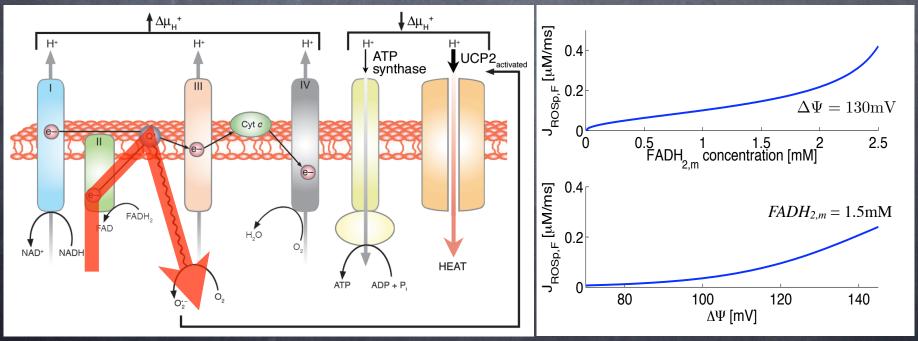




#### ROS Production from FADH2 Oxidation

$$J_{ROSp,F} = p_{19} \sqrt{\frac{FADH_{2,m}}{FAD_m}} \left( 1 - \frac{1}{1 + e^{(\Delta \Psi - p_{20})/p_{21}}} \right)$$

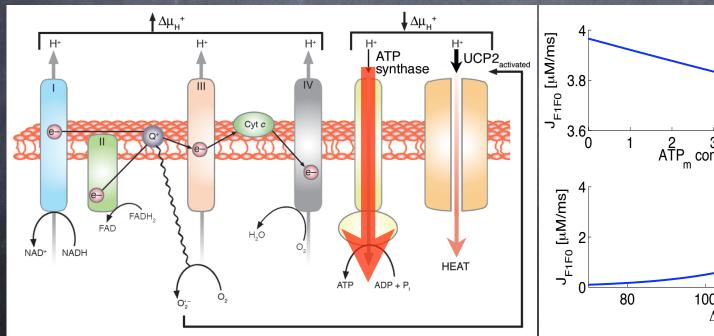
$$J_{Hros,F} = p_{23}p_{22}\sqrt{\frac{FADH_{2,m}}{FAD_m}} \left(1 - \frac{1}{1 + e^{(\Delta\Psi - p_{20})/p_{21}}}\right)$$

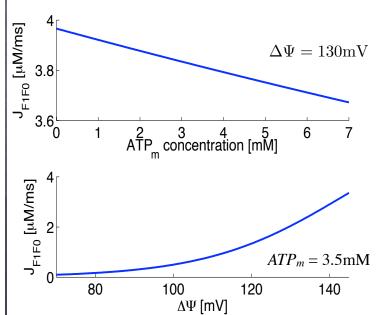


## ATP Synthesis

$$J_{F1F0} = \frac{p_{26}}{p_{27} + ATP_m} \left( \frac{1}{1 + e^{(p_{28} - \Delta\Psi)/p_{29}}} \right)$$

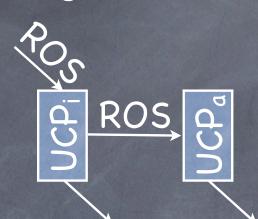
$$J_{H,atp} = \frac{p_{30}}{p_{27} + ATP_m} \left( \frac{1}{1 + e^{(p_{28} - \Delta\Psi)/p_{29}}} \right)$$

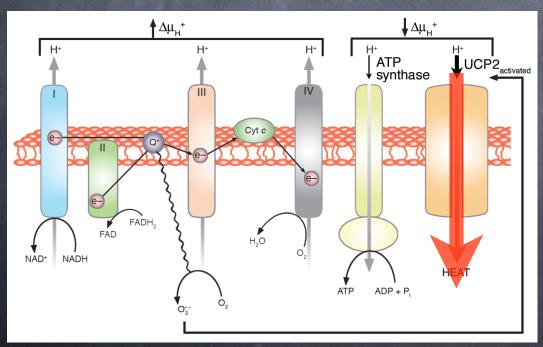




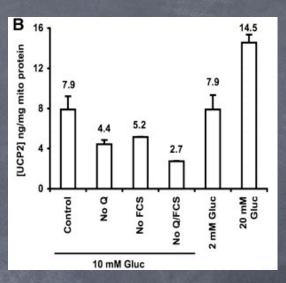
## Uncoupling Proteins (UCP)

 $J_{UCP,p} = p_{37}ROS$   $J_{UCP,a} = p_{38}UCP_iROS$   $J_{UCP,d} = p_{39} (UCP_i - UCP_o).$   $J_{UCP,i} = p_{40}UCP_a$ 

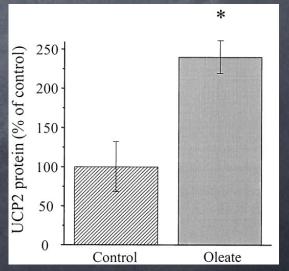




Brownlee, J Clin Invest, 112:1788-1790, 2003.



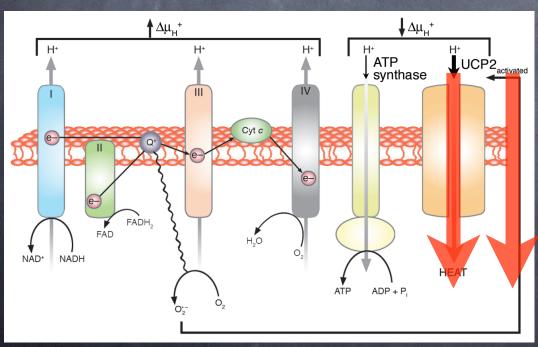
Azzu et al., Biochim. Biophys. Acta, 1777:1378-1383, 2008.



Lameloise et al., Diabetes, 50:803-809, 2001.

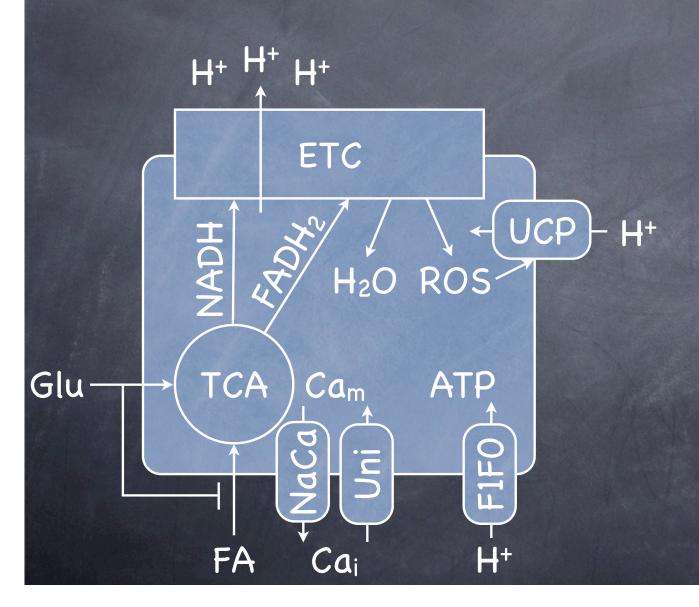
#### Proton Leak

$$J_{H,leak} = p_{41} \left( \Delta \Psi + p_{42} \right) + p_{43} U C P_a$$

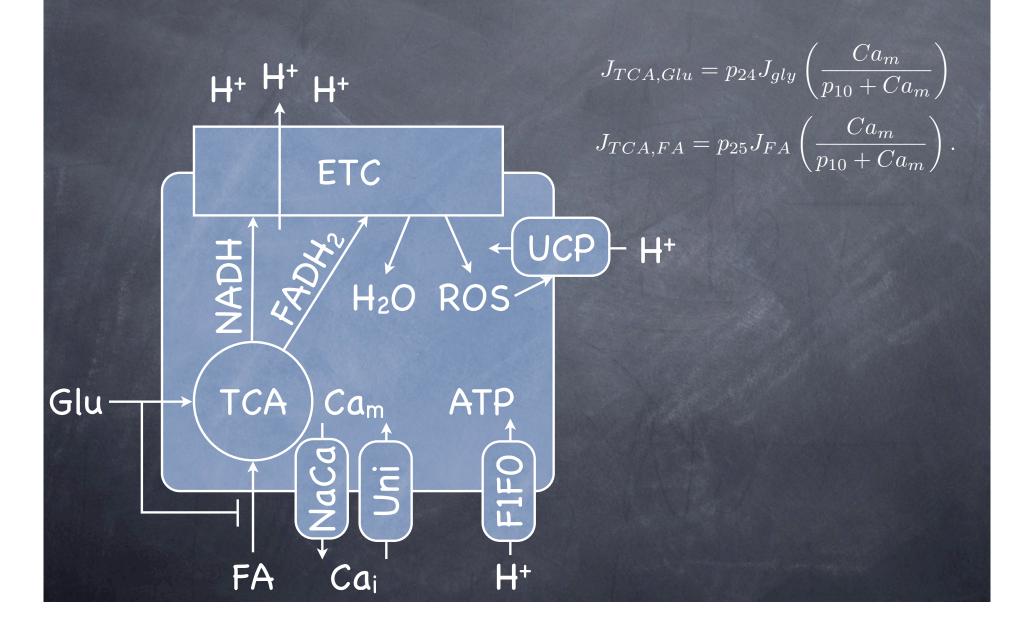




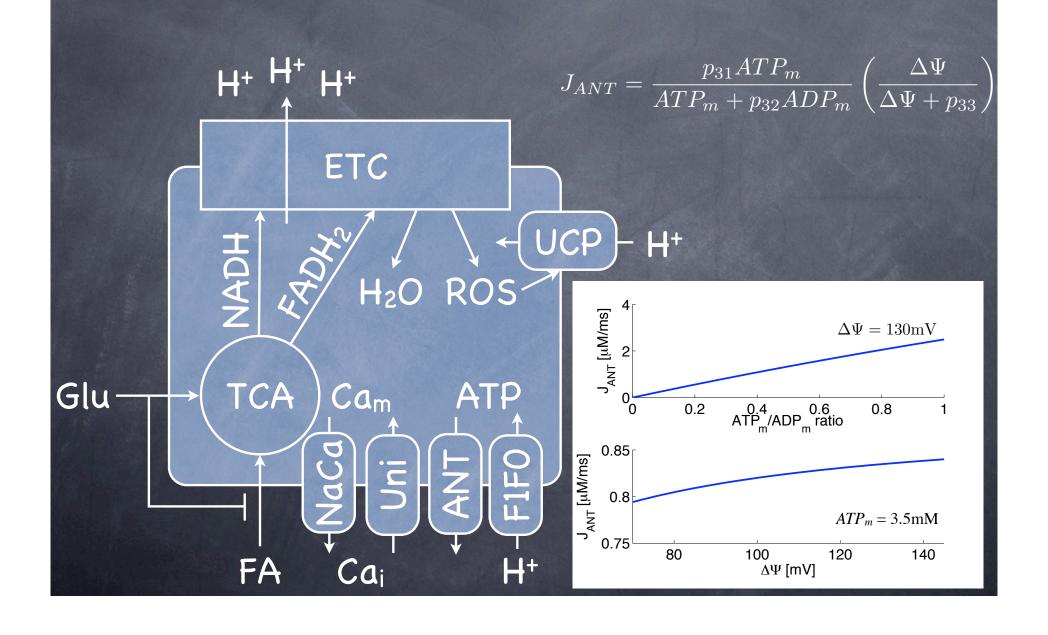
## So we've added:



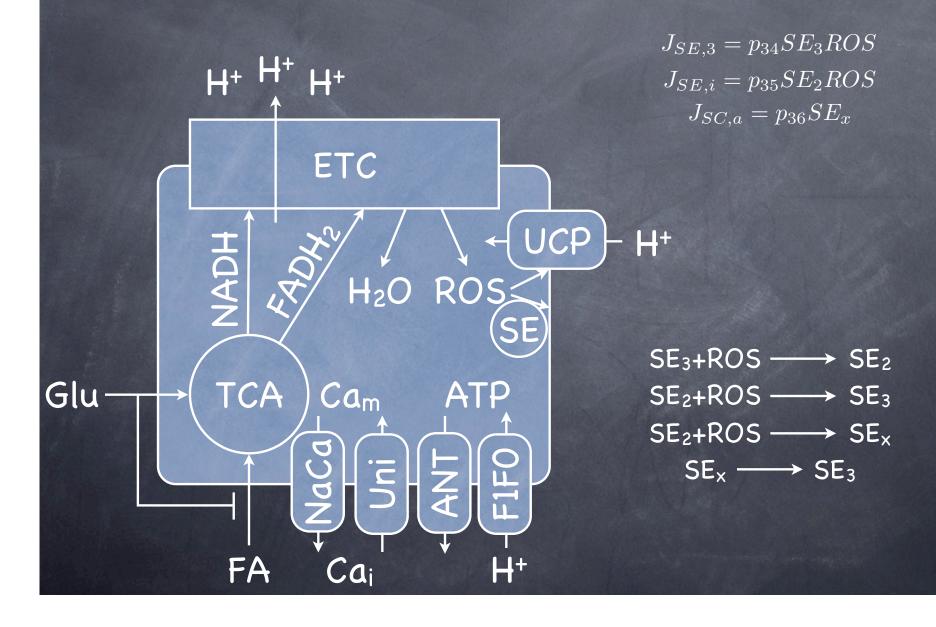
#### Additional ATP Production



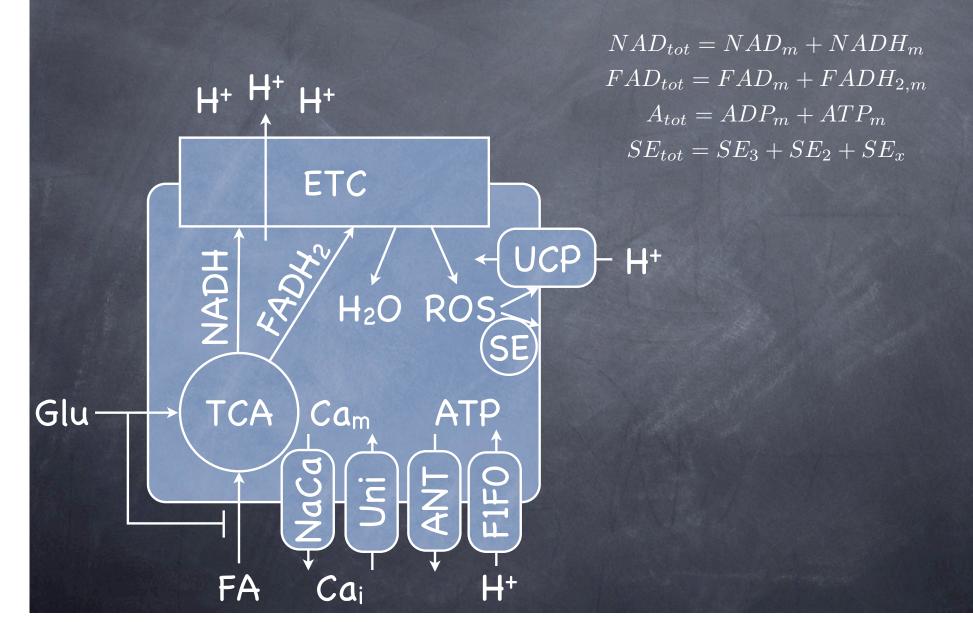
#### The Adenine Nucleotide Translocator



### Scavenging Enzymes



#### Conserved Quantities



#### The Complete Model

$$\frac{dNADH_m}{dt} = \gamma \left( J_{Glu,N} + J_{FA,N} - J_{O,N} - J_{ROSp,N} \right)$$

$$\frac{dFADH_{2,m}}{dt} = \gamma \left( J_{Glu,F} + J_{FA,F} - J_{O,F} - J_{ROSp,F} \right)$$

$$\frac{dADP_m}{dt} = \gamma \left( J_{ANT} - J_{F1F0} - J_{TCA,Glu} - J_{TCA,FA} \right)$$

$$\frac{dCa_m}{dt} = f_m \left( J_{uni} - J_{NaCa} \right)$$

$$\frac{d\Delta\Psi}{dt} = \left( J_{Hres,N} + J_{Hres,F} + J_{Hros,N} + J_{Hros,F} - J_{H,atp} - J_{ANT} - J_{H,leak} - J_{NaCa} - 2J_{uni} \right) / C_m$$

$$\frac{dROS}{dt} = 2 \left( J_{ROSp,N} + J_{ROSp,F} \right) - J_{SE,3} - 2J_{SE,i} - J_{UCP,a}$$

$$\frac{dSE_3}{dt} = J_{SE,i} + J_{SE,a} - J_{SE,3}$$

$$\frac{dSE_x}{dt} = J_{SE,i} - J_{SE,a}$$

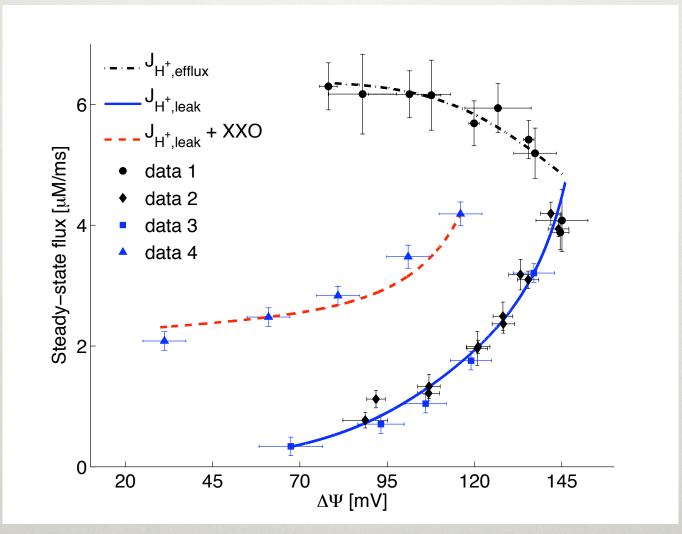
$$\frac{dUCP_i}{dt} = J_{UCP,p} - J_{UCP,a} - J_{UCP,d}$$

$$\frac{dUCP_a}{dt} = J_{UCP,a} - J_{UCP,i}$$

Parameter	Value	Units
$\gamma$	0.001	$\mathrm{mM}~\mu\mathrm{M}^{-1}$
$f_m$	0.0003	unitless
$C_m$	1.8	$\mu \mathrm{M} \ \mathrm{mV}^{-1}$
$NAD_{tot}$	10	$_{ m mM}$
$FAD_{tot}$	2.75	mM
$A_{tot}$	15	$_{ m mM}$
$SE_{tot}$	2	$\mu { m M}$
$p_1$	0.044	$\mu { m M~ms^{-1}}$
$p_2$	0.32	$\mu \mathrm{M} \ \mathrm{mM} \ \mathrm{ms}^{-1}$
$p_3$	14.98	$^{\prime}$ mM
$p_4$	0.37	$\mu {\rm M}^{-1} {\rm \ ms}^{-1}$
$p_5$	0.023	${ m mV^{-1}}$
$p_6$	0.053	$\mu { m M~ms^{-1}}$
$p_7$	3.752	$\mu \mathrm{M}$
$p_8$	0.0185	${ m mV}^{-1}$
$p_9$	4.25	unitless
$p_{10}$	0.1	$\mu { m M}$
$p_{11}$	2.125	unitless
$p_{12}$	16.4688	unitless
$p_{13}$	7.9688	unitless
$p_{14}$	3.8	$\mu \mathrm{M}~\mathrm{ms}^{-1}$
$p_{15}$	0.5	$^{\mu\Pi}$ mM
$p_{16}$	143.8274	mV
$p_{17}$	17.6353	mV
$p_{18}$	45.6	$\mu \mathrm{M} \ \mathrm{ms}^{-1}$
$p_{19}$	0.4242	$\mu \mathrm{M} \; \mathrm{ms}^{-1}$
$p_{19}$ $p_{20}$	17.6353	mV
$p_{20}$ $p_{21}$	143.8274	$^{ m mV}$
$p_{21} \\ p_{22}$	3.3936	$\mu { m M~ms^{-1}}$
	0.5	unitless
$p_{23}$	1.06	unitless
$p_{24}$	4.25	unitless
$p_{25}$	590.7	$\mu { m M~mM~ms^{-1}}$
p <sub>26</sub>	87.3624	$^{\mu \mathrm{M}}$ mM
$p_{27}$	17.6353	$^{ m mW}$
$p_{28}$	143.8274	$^{ m mV}$
$p_{29}$	143.8274 1772.1	$\mu { m M~mM~ms^{-1}}$
$p_{30}$	20.2584	$\mu \mathrm{M} \ \mathrm{mm} \ \mathrm{ms}^{-1}$
$p_{31}$	6.6409	$\mu_{ m M}$ ms unitless
$p_{32}$	8.2612	mV
$p_{33}$	8.2612 $1.5$	${}^{ m m v}_{ m \mu M^{-1}ms^{-1}}$
$p_{34}$		$\mu\mathrm{M}^{-1}~\mathrm{ms}^{-1}$
$p_{35}$	0.55	$\mu$ M $^{1}$ ms $^{1}$ ms $^{-1}$
$p_{36}$	0.117	$^{ m ms}$ $^{-1}$
$p_{37}$	8×10 <sup>-8</sup>	ms -
$p_{38}$	$2.8293 \times 10^{-6}$	$\mu \rm M^{-1} \ ms^{-1}$
$p_{39}$	$1.9254 \times 10^{-7}$	${ m ms}^{-1}$
$p_{40}$	$1.9254 \times 10^{-7}$	${\rm ms}^{-1}$
$p_{41}$	0.004	$\mu {\rm M} \ {\rm mV}^{-1} \ {\rm ms}^{-1}$
$p_{42}$	-25	$\mathrm{mV}_{1}$
$p_{43}$	7.6176	$\mathrm{ms}^{-1}$
$UCP_o$	0.25	$\mu M$
And the second second	THE RESERVE AND LABOUR ASSESSMENT AS	

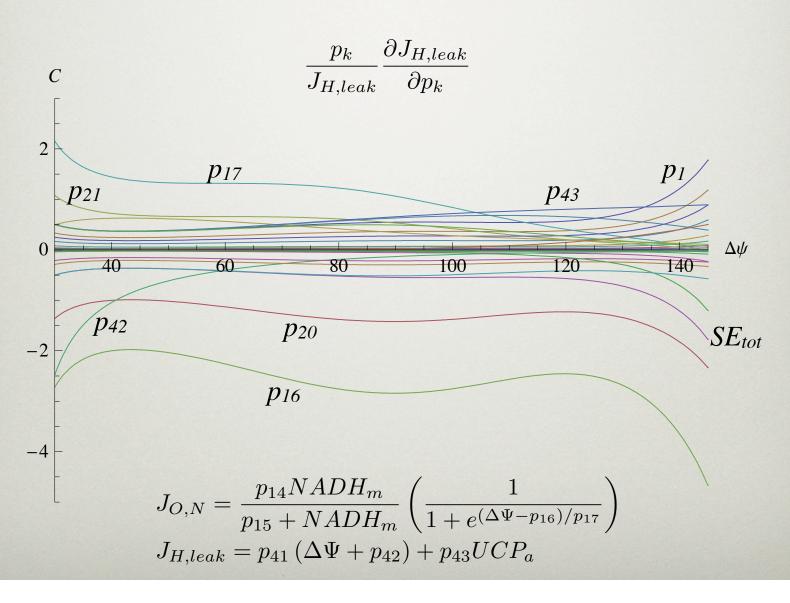
#### Non-Ohmic Proton Leak

 $J_{H,leak} = p_{41} \left( \Delta \Psi + p_{42} \right) + p_{43} U C P_a$ 

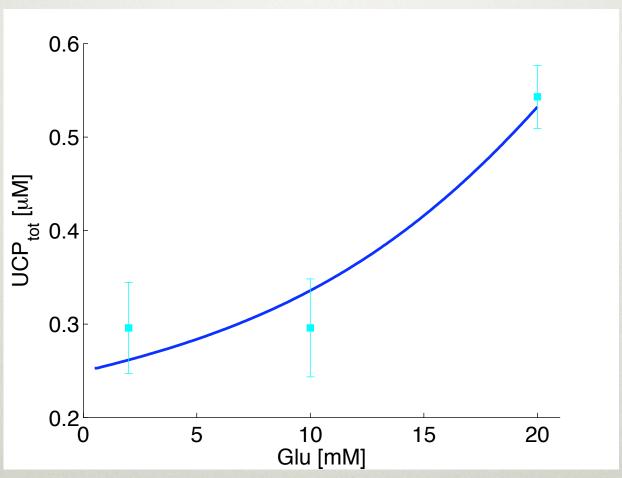


Data 1&2: Affourtit, C and MD Brand. *Biochem. J.* **393**:151-159, 2006. Data 3&4: Echtay, KS *et al. Nature*, **415**:96-99, 2002.

#### Control Coefficients

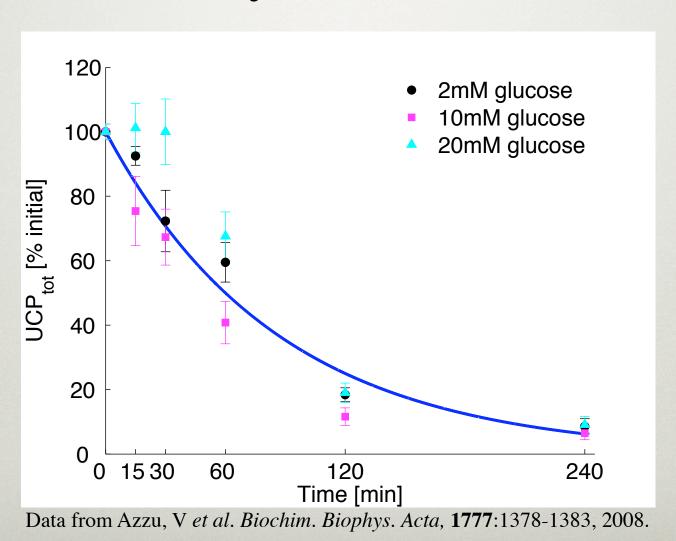


#### UCP concentrations

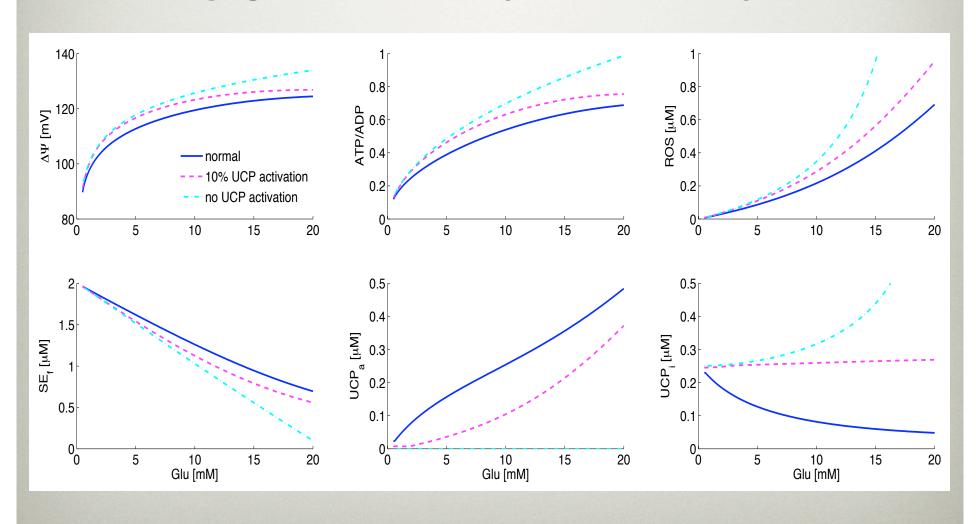


Data from Azzu, V et al. Biochim. Biophys. Acta, 1777:1378-1383, 2008.

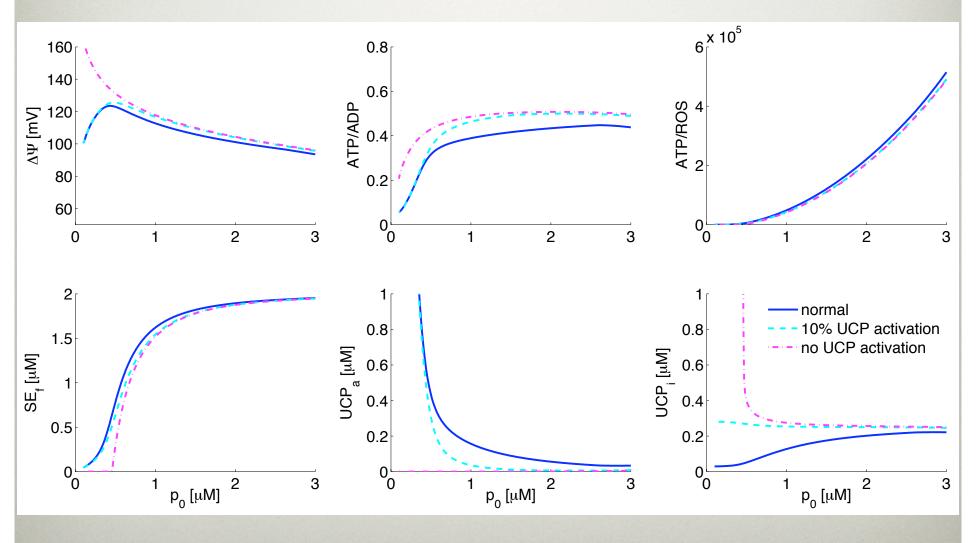
#### UCP decay and inactivation



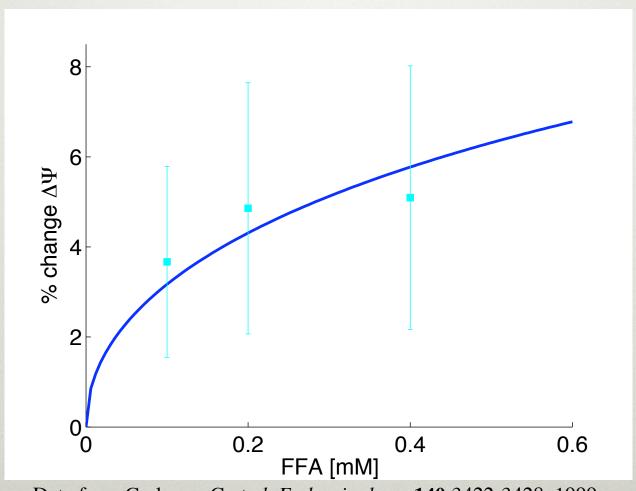
# Glucose Dependence and UCP Activation Inhibition



### Altering Mitochondrial Density



## Fatty Acid Input



Data from Carlsson, C et al. Endocrinology, 140:3422-3428, 1999.

## Uncoupling Protein 2: A Possible Link Between Fatty Acid Excess and Impaired Glucose-Induced Insulin Secretion?

Nathalie Lameloise, 1 Patrick Muzzin, 1 Marc Prentki, 2,3 and Françoise Assimacopoulos-Jeannet 1

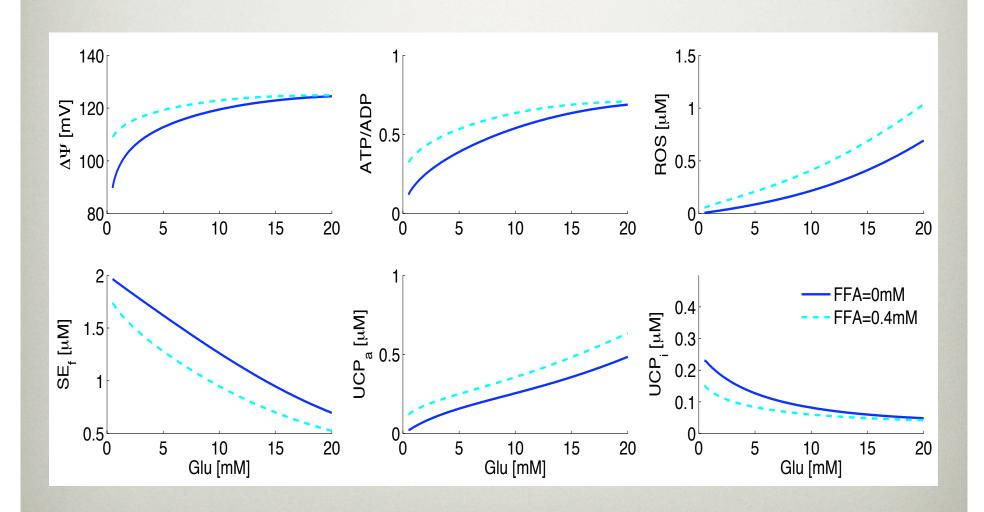
The mechanism by which long-term exposure of the B-cell to elevated concentrations of fatty acid alters

Exposure of INS-1  $\beta$ -cells to 0.4 mmol/l oleate for 72 h increased basal insulin secretion and decreased insulin release in response to high glucose, but not in response to agents acting at the level of the  $K_{ATP}$  channel (tolbutamide) or beyond (elevated KCl). This also suppressed the glucose-induced increase in the cellular ATP-to-ADP ratio. The depolarization of the plasma membrane pro-

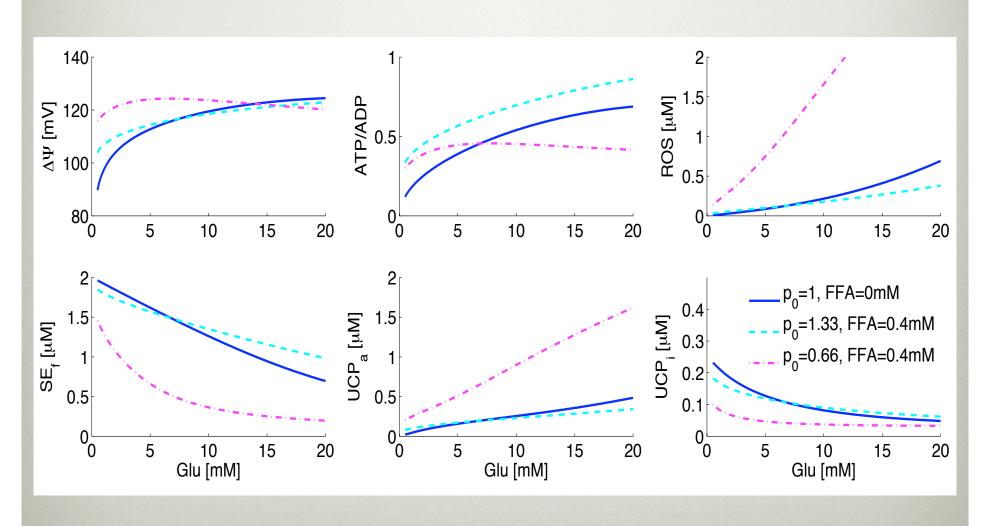
drial membrane potential and a decreased glucose-induced hyperpolarization. The possible implication of uncoupling protein (UCP)-2 in the altered secretory response was examined by measuring UCP2 gene expression after chronic exposure of the cells to fatty acids. UCP2 mRNA and protein were increased twofold

not require their metabolism. The data are compatible with a role of UCP2 and partial mitochondrial uncoupling in the decreased secretory response to glucose observed after chronic exposure of the  $\beta$ -cell to elevated fatty acids, and suggest that the expression and/or activity of the protein may modulate insulin secretion in response to glucose. *Diabetes* 50:803–809, 2001

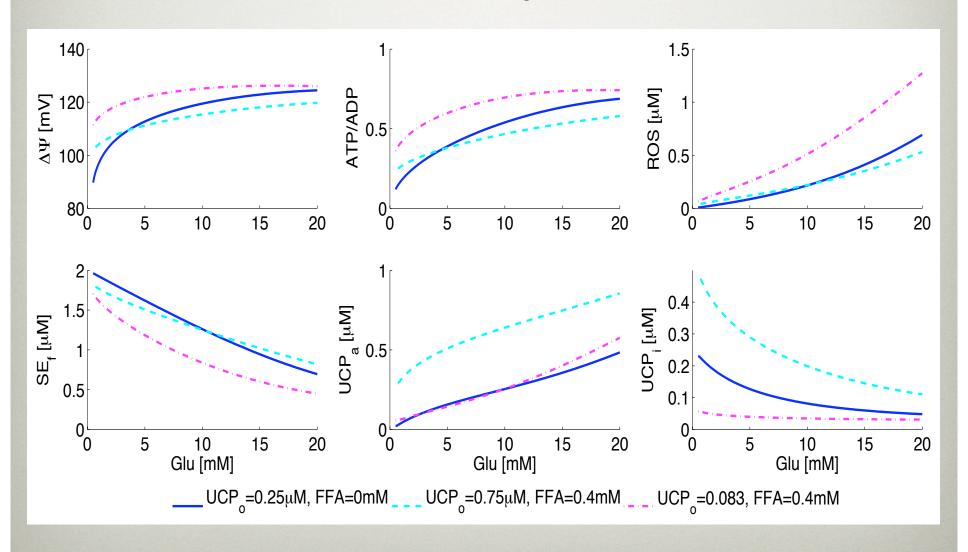
#### FFA Effect



### Mitochondrial Biogenesis?

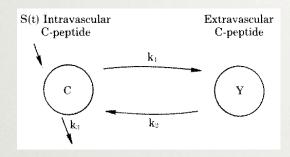


### UCPo?



#### A Clinical Application

- C-peptide is secreted with insulin.
- The liver extracts insulin from the portal vein.
- C-peptide is not removed by the liver.



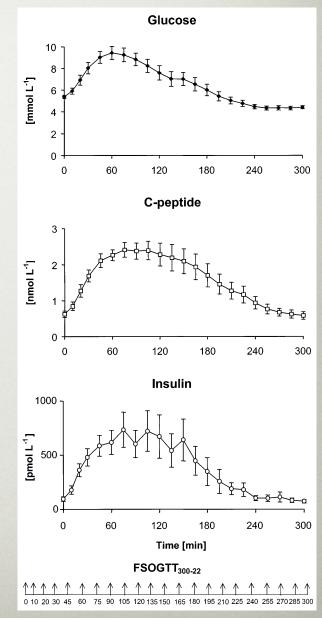
$$\frac{dC(t)}{dt} = -(k_1 + k_3)C(t) + k_2Y(t) + S(t)$$

$$\frac{dY(t)}{dt} = k_1C(t) - k_2Y(t)$$

$$S(t) = -k_1 C(t_0) e^{-k_2(t-t_0)} - k_1 k_2 \int_{t_0}^t C(s) e^{-k_2(t-s)} ds + \frac{dC}{dt} + (k_1 + k_3) C(t)$$

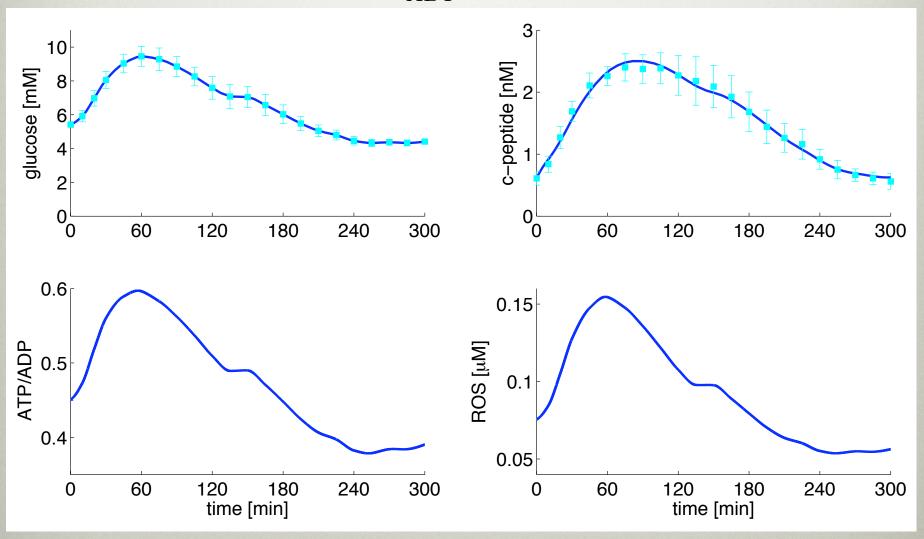
#### References:

Eaton, RP et al. J. Clin. Endocrin. Metab. **51**:520-528, 1980. Van Cauter, E et al. Diabetes, **41**:368-377, 1992. Breda, E et al. Diabetes, **50**:150-158, 2001.



#### Insulin Secretion Model

$$S(t) = k_a \frac{ATP}{ADP} + k_r ROS - k_b$$



Data from Breda, E et al. Diabetes, **50**:150-158, 2001.

#### Conclusions

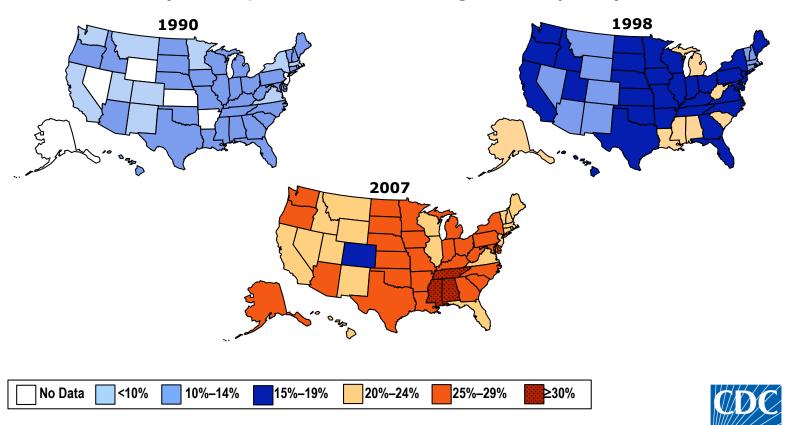
- The model we developed is capable of predicting mitochondrial responses to nutrient inputs (glucose and fatty acids).
- In the pancreatic  $\beta$ -cell, mitochondria (ROS, UCP, antioxidants) play a central role in cellular function (or dysfunction) as it relates to insulin secretion.
- The model can be generalized to mitochondria in other tissues.
- Mitochondria serve a systemic function: one that can suggest holistic metabolic therapies.



#### **Obesity Trends\* Among U.S. Adults**

BRFSS, 1990, 1998, 2007

(\*BMI ≥30, or about 30 lbs. overweight for 5'4" person)



 $Source: \ CDC \ Behavioral \ Risk \ Factor \ Surveillance \ System.$